



Wellbeing at Work
Bronze Award

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Website : www.beechwood-primary.co.uk

Friday 25th April 2025

Hello everyone all at Beechwood Primary, hope that you all had a 'cracking' Easter time and break.

Your children have settled back into school life brilliantly this week, beginning to learn about new curriculum areas and enjoying seeing their friends and classmates.

New starters - Welcome!

We have had an influx of new pupils joining our school in recent weeks. Welcome to you all, and thank you for choosing to join us here at Beechwood Primary.

If you need to talk to a member of the team, please do not hesitate to get in touch, via email, phone or just pop in for a chat, Mrs Roscoe and Mrs Critchlow will be happy to help.

Mr Randall, Mrs Rust and I aim to be available at the beginning of each day on the playground, so please say hello and ask any questions that you may have. Please see our Family Support Network information contained within this newsletter.

Have a great weekend everyone, Mr Arnold and the Beechwood Team.

Diary Dates to Remember

Mon 28th - Wed 30th April
Yr 5 - Barton Hall Residential

Monday 5th May
MAY DAY BANK HOLIDAY

Thurs 8th May - 2.45pm
Yr 1/2 - Vivaldi Class Assembly

Sun 11th May
Half Marathon Challenge

12th - 15th May
Yr 6 SATS Week

26th May to 30th May
HALF TERM

2nd - 6th June
Yr4 Multiplication TT Checks

9th - 13th June
Yr1 Phonics Screening Checks

Thurs 12th June - 2.45pm
Yr 1/2 - Zimmer Assembly

Wed 25th - Thurs 26th June
Yr 6 - London Trip

Monday 30th June
NON PUPIL DAY

Thurs 3rd July - 2.45pm
Rec - Mozart Class Assembly

Wed 9th July - 3.30pm
P.T.F.A. Summer Fayre

Wed 16th July
Yr 6 Leavers Performance

Monday 21st July
P.T.F.A. - Year 6 Prom / Disco

Parenting Course

Please see below details of a **FREE** four week course we are hoping to hold for our parents/carers after the May half term on a **Wednesday**. Please contact the school office if you would be interested in attending - **01752 706360** or beechwood.desk@discoverymat.co.uk.

Courses can only be held if we have a certain amount of interest. Thank you.



FREE ENGLISH WORKSHOP SESSIONS FOR PARENTS OF CHILDREN AGED 5 TO 11 AND TEACHING ASSISTANTS

Four two-hour, school-based workshop sessions, led by Sarah Ridgwell, an experienced Primary School teacher, you can:

- Refresh your own English skills
- Explore practical tips and fun activities to support your child's learning in all aspects of English at home
- Gain an insight into the school curriculum, teaching methods and current terminology used within the classroom
- Gain a clear understanding of how children progress in English and learn strategies to support them to build confidence
- Relate English learning to everyday life and real-world uses
- Opportunity to seek further English training / qualifications.

For more information:

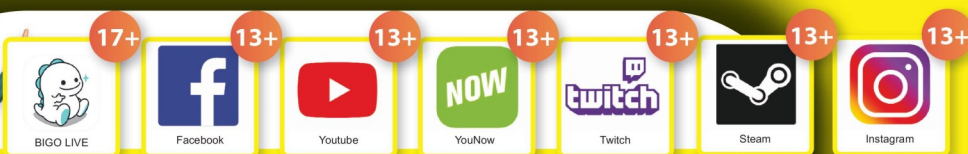
Schools - email sarah.ridgwell@ocsw.co.uk

Parents/Carers - Contact your child's school

Other adult courses - Call OCSW 01752 660713



**Funded by
UK Government**



Live streaming is the term used to describe the broadcast of a real time video from a mobile device, tablet or games console. Many live streaming apps have functionality for interactions from viewers, such as commenting, live chats and sending reactions during the broadcast. Live streaming opens up a world of excitement for children, where they can watch live concerts, their favourite celebrities and bloggers/vloggers, connect with their friends, watch live gaming and much, much more. Whilst there are many positives with live streaming, it creates a worldwide platform for unsuitable content to be streamed and creates a host of dangers for children.

98%
of child sex abuse
live streaming victims
are 13 or under



What parents need to know about **LIVE STREAMING**

SIGN UP PROCESS & AGE RESTRICTIONS

Most live streaming apps have an age restriction of 13 and above. It is important to note that some platforms do not require proof of age when signing up to the app, meaning that anyone can register for an account. This also opens up the opportunity for people to lie about their age to seem older or younger.

WHO IS WATCHING YOUR CHILD?

If your child's privacy settings are not set up effectively, anybody can be watching their live streams. One of the main characteristics of live streaming is its ability for videos to be instantly shared all over the world, but this creates the opportunity for more people to watch anybody regardless of whether they know them.

LIVE CONTENT

As the streams are live, children can instantly be exposed to anything inappropriate. Most live streaming apps will have filters, rules and guidelines in place to ensure their services are monitored. They will also have report buttons where inappropriate content will be sent for review. Bear in mind that a report may not be dealt with instantly, which means your child may be further exposed to inappropriate content during a live stream.

RECORDINGS OF YOUR CHILD

Each streaming app and website that allows live streaming has different rules about how they store their live videos once completed. For example, a live stream on Periscope will be automatically deleted after 24 hours, but apps such as Facebook and YouTube allow the video to be posted on the app and will only be deleted once the creator decides. It is important to realise that deleting a video will not stop it from being shared. A live stream can be recorded (or screenshots can be taken) by other viewers using certain software and then shared on other platforms. Research conducted by the Internet Watch Foundation (IWF) discovered that apparently recorded illegal videos of live streams were redistributed on other sites.

WHAT IS YOUR CHILD WATCHING?

Live streaming apps don't just allow children to stream their own videos, they can also watch other people's streams. Anything can be streamed at any time and any place, including violence, graphic imagery, nudity, illegal behavior, drug use, profanities etc. Most live streaming apps claim to monitor live streams and will take action to stop any that do not adhere to their guidelines. However, with millions of live streams each day, it is extremely difficult to monitor them all.

GROOMING

There have been recent reports of paedophiles coercing children as young as three on live streaming apps. Due to the anonymous nature and lack of identification needed to sign up to some apps, almost anyone is able to sign up and use the service. Users can use fake identities to sign up to the apps and watch/stream videos. Recent research by the IWF revealed that children may be asked to do things and perform 'suggestive acts' during their live stream by strangers.

Top Tips for Parents

BE PRESENT

In a recent three month study by the Internet Watch Foundation (IWF), 96% of streams showed a child on their own, often in their bedroom or bathroom. If your child is going to conduct a live stream, ask them if you could be present for it. This will give you a greater knowledge of what your child is doing during their live streams and who they are streaming to.

PROTECT THEIR PERSONAL INFORMATION

Your child may unknowingly give away personal information during a live stream, including their location. Talk to them about what constitutes 'personal information' and make sure they do not disclose anything to anyone during a live stream, even to their friends. Advise them to remove any items in their live stream (school uniform, street name, posters etc.) that could potentially expose their location or personal information.

TALK REGULARLY WITH YOUR CHILD

Ask your child which live streaming apps they are using and how they are using them. Are they watching live streams or making their own? What types of live streams do they like watching? If they are under 13, it is strongly advised that they are not using any live streaming apps due to the dangers involved, but you may feel that they should not be using the apps even if they are over the age limit. With live streaming being such a popular feature on apps, it is important that you are aware of the dangers associated with it in order to protect your child effectively.

PRIVACY SETTINGS

Each live streaming app will have its own privacy settings with options varying from platform to platform. Generally, we advise that your child's account is set to private. This will ensure that only their friends/followers will see their live stream. It is important to check each app to ensure that the privacy settings are in place to protect your child from strangers viewing their streams and engaging in conversation with them. The settings on most apps will allow you to turn off the chat feature during a live stream, restricting conversations, but live chat is part of the 'fun' when it comes to live streaming.

PROTECTING THEIR ONLINE REPUTATION

What your child does now may affect their future opportunities, and it is important that they have a good understanding of this. As the videos are live, it may lead to the misconception that whatever happens in the video will disappear once the live stream ends. This is incorrect. Tell your child that their live streams cannot be undone and this has the potential to affect their online reputation.

REMOVE LINKS TO OTHER APPS

Some live streaming apps/websites give users the ability to link and share the content through other social media platforms to share their video further. For example, a live stream on Periscope, can be shared on Twitter and Facebook during the stream if the accounts are connected. While it may seem like a good idea to show the video to more people, the privacy settings may differ on each app, opening up the potential for unwanted viewers to join the stream. We suggest checking the privacy settings on each app and where possible, only streaming on one app at a time in order to have greater control over who sees the live stream.

<https://www.iwf.org.uk/> <https://www.pscptv/content> <https://www.channel4.com/news/children-bombarded-with-sexually-explicit-chat-on-musical-ly-and-live-ly>



**National
Online
Safety**

A whole school community approach to online safety
www.nationalonlinesafety.com

Email us at hello@nationalonlinesafety.com or call us on 0800 368 8061

<https://www.independent.co.uk/news/uk/crime/paedophiles-child-sex-abuse-live-stream-direct-webcam-mobile-online-a8351986.html>
http://www.bbc.co.uk/news/uk-44233544?utm_content=71916416&utm_medium=social&utm_source=twitter



**National
Online
Safety®**
#WakeUpWednesday

14 WAYS TO BE KIND ONLINE

Showing kindness online can mean so much to someone else. It is a choice we can all make that helps others, puts people's needs before our own and which can generate feelings of empathy and compassion. Small gestures can have a large impact and often one act of kindness can lead to more, making the world a happier and more positive place. That's why we've created this guide to suggest a few simple 'acts of kindness online' that can benefit people's mental health, support their wellbeing and encourage a more positive approach to engaging online.

1. BE POSITIVE

Post about things that make you happy and that you're thankful for. It could brighten up someone else's day.

2. OFFER TO HELP

Sometimes a friend or family member might post a question online or ask for help with something they can't do themselves. If you know the answer or are able to offer help, provide support and send a response. Something that may be easy for you might be difficult for someone else.

3. SHOW APPRECIATION TO OTHERS

If somebody you know has done something good or shown kindness themselves, thank them for it. It costs nothing and showing them that you appreciate it means so much.

4. SHARE FUNNY VIDEOS OR IMAGES WITH FRIENDS & FAMILY

We often come across funny videos or images online that make us laugh and then we move on. If you found it funny, your friends and family might too. It could help someone smile who may be having a bad day.

5. LIKE, LOVE & CELEBRATE

If somebody posts something that you like on social media, like it, love it or celebrate it! It's a small gesture but could mean a lot.

6. VIDEO CALL YOUR FRIENDS & FAMILY

It can be easy to be consumed by daily routine. Using apps like Zoom, FaceTime or WhatsApp are great for connecting with others far away and shows you're thinking of them even though you can't physically meet them in person.

7. TELL SOMEONE YOU'RE THINKING OF THEM

We can't always tell how people are feeling online and just dropping somebody a message to ask if they're ok or that you're thinking of them could literally make their day.

8. SHARE POSITIVE POSTS

If you see something online that inspires you, share it with people you know. An inspirational quote, a beautiful photo or a motivational video can lift spirits, improve self-esteem and help make people feel better about themselves.

9. HOST AN ONLINE QUIZ

Video conferencing apps are a great way to get friends and family together. If you know someone who is feeling lonely, host an online quiz and invite them to join in. It could really cheer them up.

10. THINK BEFORE YOU COMMENT

Sometimes thinking before you act can be just as significant as acting in the first place. Showing thought before you comment could stop you posting something hurtful, offensive or negative. It's always better to post positively or post nothing at all.

11. BE COMPASSIONATE & UNDERSTANDING

Being empathetic towards others and their situation is often an act of kindness and selflessness that gets overlooked. If you notice someone who is upset, drop them a message and offer to listen.

12. CONNECT FRIENDS & FAMILY WITH SIMILAR INTERESTS

You may know two people amongst your friends and family who you trust and know well who have similar interests and likes. Introducing them can be a great way for them to make new friends but remember to always ask their permission first.

13. RECOMMEND SOMETHING YOU ENJOY DOING TO OTHERS

If you enjoy doing something online, such as playing a game, or if you've found a great learning resource, share it with others. Even if you've watched a good film, letting others know can be an act of generosity that brings them excitement or pleasure at a time when they might need it the most.

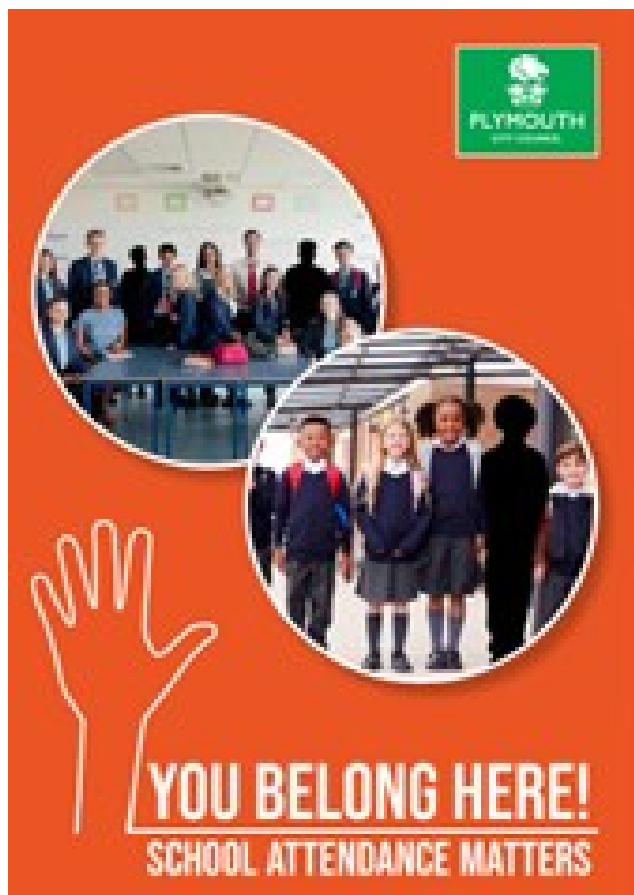
14. PRAISE OTHERS FOR THEIR ACHIEVEMENTS

Sometimes your friends or family might post something online that they're proud to have done. It might be an exam they've passed, learning a new skill or just completing a task. Either way, it's always kind to recognise hard work and effort through praise and celebration.

Meet our expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department for Education, advising them on their mental health green paper.





Did you know?

When children attend school they:

- Can achieve their potential
- Have better career prospects
- Learn how to look after themselves and be healthy
- Grow in confidence
- Keep up with work and homework
- Make new friends

There are
365 days
in a calendar
year

175 days
are not
spent in
school




Attendance

As you are aware, we are continuing to strive for our attendance target of **96%** and are making some progress to achieving this and ensuring our children regularly attend school to achieve success. Our Attendance Policy can be accessed using the following link:-

[Beechwood Primary Academy - Policies](#)

A gentle reminder to parents, that contact **must** be made with school on your child's first day of absence and each day until they return to school. If you do not provide a reason for your child's absence, this will be recorded as an unauthorised absence and could result in a penalty notice being issued by Plymouth City Council. Arriving late for school after 8.55am will also be recorded as an unauthorised absence and could also result in a fine.

	Class	w/c 25th April
	Mozart	95.35%
	Price	98.54%
	Vivaldi	96.00%
	Zimmer	97.50%
	Lloyd-Webber	96.04%
	Holst	91.43%
	Bernstein	92.59%
	Dun	96.43%
	Elgar	93.50%
	Tchaikovsky	95.00%

This week our whole school attendance is **95.35%**

This week's winners are :

KS1 - Price Class

KS2 - Dun Class



2024-2025 Term Dates

TERM DATES 2024/25

DISCOVERY

Teaching days (statutory)	190
Professional development days	5
Occasional days	5
Sub-total	200
School holidays	52
Bank holidays	8
Saturdays and Sundays	105
Total	365

Term	Start	End	Days
1	03-Sep-24	25-Oct-24	39
2	04-Nov-24	20-Dec-24	35
3	06-Jan-25	14-Feb-25	30
4	24-Feb-25	04-Apr-25	30
5	22-Apr-25	23-May-25	23
6	02-Jun-25	23-Jul-25	38
Total			195

	SEPTEMBER				
Monday	2	9	16	23	30
Tuesday	3	10	17	24	
Wednesday	4	11	18	25	
Thursday	5	12	19	26	
Friday	6	13	20	27	

	OCTOBER				
	7	14	21	28	
1	8	15	22	29	
2	9	16	23	30	
3	10	17	24	31	
4	11	18	25		

	NOVEMBER				
	4	11	18	25	
	5	12	19	26	
	6	13	20	27	
	7	14	21	28	
1	8	15	22	29	

	DECEMBER				
2	9	16	23	30	
3	10	17	24	31	
4	11	18	25		
5	12	19	26		
6	13	20	27		

	JANUARY				
Monday		6	13	20	27
Tuesday		7	14	21	28
Wednesday	1	8	15	22	29
Thursday	2	9	16	23	30
Friday	3	10	17	24	31

	FEBRUARY				
3	10	17	24		
4	11	18	25		
5	12	19	26		
6	13	20	27		
7	14	21	28		

	MARCH				
3	10	17	24	31	
4	11	18	25		
5	12	19	26		
6	13	20	27		
7	14	21	28		

	APRIL				
	7	14	21	28	
1	8	15	22	29	
2	9	16	23	30	
3	10	17	24		
4	11	18	25		











	MAY				
Monday		5	12	19	26
Tuesday		6	13	20	27
Wednesday		7	14	21	28
Thursday	1	8	15	22	29
Friday	2	9	16	23	30

	JUNE				
2	9	16	23	30	
3	10	17	24		
4	11	18	25		
5	12	19	26		
6	13	20	27		

	JULY				
	7	14	21	28	
1	8	15	22	29	
2	9	16	23	30	
3	10	17	24	31	
4	11	18	25		

	AUGUST				
	4	11	18	25	
	5	12	19	26	
	6	13	20	27	
	7	14	21	28	
1	8	15	22	29	

P.E. Days - Summer Term 1

Summer Term 1				
Reception	Year 1 and 2	Year 3	Year 4 and 5	Year 6
Wednesday Martial Arts 	Tuesday Athletics 	Wednesday Rounders 	Tuesday- Dun Class Wednesday- Holst and Bernstein Rounders 	Monday Rounders 
	Monday Zimmer and Vivaldi- Dance  Wednesday Price- Martial Arts 	Thursday Athletics 	Thursday- Bernstein and Holst Wednesday- Dun Class Athletics 	Thursday Athletics 

Assembly Dates

Thursday 8th May - 2.45pm

Thursday 12th June - 2.45pm

Thursday 3rd July - 2.45pm

Year 1/2 - Vivaldi Class Assembly

Year 1/2 - Zimmer Class Assembly

Year R - Mozart Class Assembly



Email Addresses to Remember

Year 6 - Elgar Class - k.giles@discoverymat.co.uk

Year 6 - Tchaikovsky Class - d.poole@discoverymat.co.uk

Year 4/5 - Bernstein Class – c.pumphrey@discoverymat.co.uk

Year 4/5 - Dun Class – k.matthews@discoverymat.co.uk

Year 4/5 - Holst Class – s.pindard@discoverymat.co.uk

Year 3 - Lloyd-Webber Class – i.watson@discoverymat.co.uk or k.rust@discoverymat.co.uk

Year 1/2 - Price Class – c.townsend@discoverymat.co.uk

Year 1/2 - Vivaldi Class – c.mccarthy@discoverymat.co.uk

Year 1/2 - Zimmer Class – k.gardner@discoverymat.co.uk

Rec - Mozart Class – m.abbott@discoverymat.co.uk or l.gruszka@discoverymat.co.uk

Nursery - Brahms Class – m.abbott@discoverymat.co.uk or c.mccarthy@discoverymat.co.uk

Keeping in Touch

Can we please remind parents that the vast majority of contact between school and parents is done by telephone or email. Please could you ensure that we are kept updated with your current contact details to enable us to keep in touch with you when needed.

Parent Pay

Please activate your parent pay account as this allows us to send Newsletters, trip letters and other important information that we may need to convey to you. Please contact the school office if you need assistance.

Facebook and Website

Please follow us on our Facebook page at Beechwood Primary Academy.
Please refer to our school website for latest news and calendar dates.



BEECHWOOD FAMILY SUPPORT TEAM



					
Miss Sam Roscoe	Mr C Randall Assistant Head of School	Mrs Natasha Jackson INCO	Mr P Arnold Senior Head of School	Mrs S Rama-Dominguez Assistant Head of School	Mrs Teresa Pinhey
First Contact to signpost parents	Deputy Designated Beechwood Academy Lead for Safeguarding	SEND Support	Designated Beechwood Academy Lead for Safeguarding	Deputy Designated Beechwood Academy Lead for Safeguarding	Community Support
Foodbank	Safeguarding	SEND and behaviour-support for parents	Family Support	Safeguarding	School Life
Courses for Parents / Carers	Behaviour	School Nurse Referrals		Education and Curriculum	Parents Question & Answer
PTFA Contact	Family Crisis	DLA Applications		Family Support	Local Issues
	Service Families	GP letters			Coffee Mornings

You can contact us by emailing beechwood.desk@discoverymat.co.uk and we will direct your enquiry accordingly.