



Beechwood Primary Academy



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Beechwood Primary Academy
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Friday 1st March

Dear Parents/Carers of Year 4 children,

Relationships and Sex Education (RSE) in Year 4

The purpose of RSE at Discovery MAT is to prepare our students for the physical and emotional changes of growing up. We believe this programme gives students the knowledge and skills to make informed and healthy choices as well as to build their confidence and skills to deal with situations they may encounter. More importantly, this programme helps them to stay safe and know where and how to ask for help if needed.

Over the next few weeks we will be teaching the following:

Year 4– Puberty, relationships, reproduction and personal hygiene.

You may be aware that The Relationships Education, Relationship & Sex Education and Health Education (England) Regulations 2019 made Relationship Education compulsory, you will know that you still have the right to withdraw your child from the [non-statutory/non-science] components of sex education within the PSHE curriculum.

Sex education is not compulsory in primary schools and the content set out in this guidance therefore focuses on Relationships Education. The content set out in this guidance covers everything that primary schools should teach about relationships and health, including puberty. The national curriculum for science also includes subject content in related areas, such as the main external body parts, the human body as it grows from birth to old age (including puberty) and reproduction in some plants and animals.

You can view the DFE Guidance here [Relationships and sex education \(RSE\) and health education - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/relationships-and-sex-education-rse-and-health-education) and the RSE policy on our website [Beechwood Primary Academy \(beechwood-primary.co.uk\)](http://beechwood-primary.co.uk) Please see quick links on our Facebook page.

If you have any concerns, please speak to your child's class teacher to discuss this.

Kind regards,

Mr P Arnold
Senior Head of School